

Building Resilience Against Weather & Climate Effects in New Hampshire

Matt Cahillane, NH DHHS Upper Valley Community Forum March 30, 2016



Building Community Resilience





Climate Change is happening, and expected to continue in New Hampshire



Extreme Weather Hazards



Related Priorities in NH

- Direct Impacts
 - Hot weather, and heat stress.
 - Severe weather, and traumatic injury or deaths.
- Indirect Impacts
 - Habitat change and Tickborne Disease
 - Air Quality and allergy/asthma
 - Water Quality and infectious disease
 - Resilience and mental health outcomes

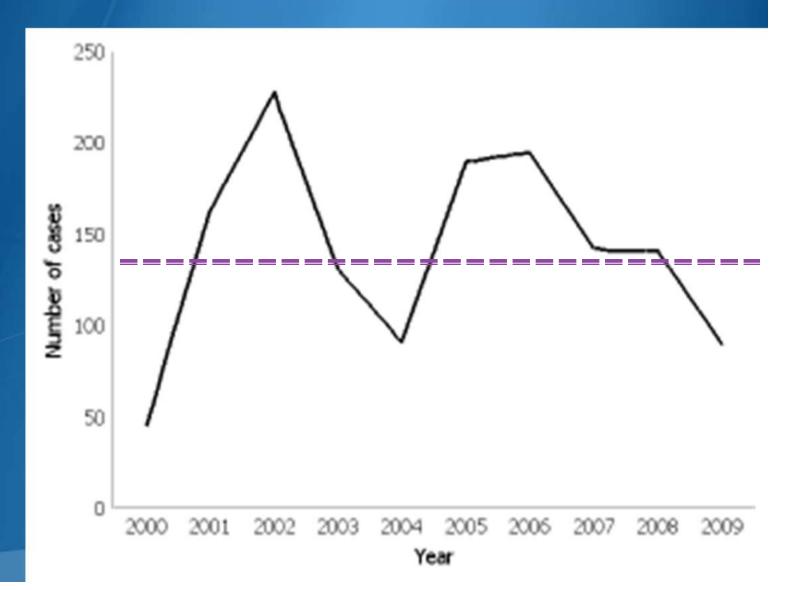


Climate Change is increasing health risks in New Hampshire.



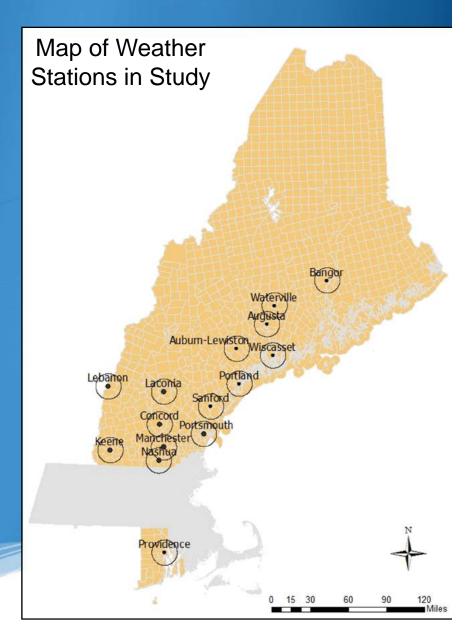
Hospital Visits for Heat, 2000-2009

Average of 141 casesper year



New England Summer Heat and Health Study

- Based on a 2010 NYC study
- Goal to assess how 'moderate' outdoor heat relates to all-cause hospital visits
- Refine methods, analyze patterns, build evidence, report findings.
- Inform protective actions:
 - Share with partners
 - Raise awareness or change policies
 - State Excessive Heat Response Plan, regional or local plans.
 - NWS Excessive Heat Warning thresholds
 - Create an Early Warning Decision Support Tool



Summertime Heat and Health – comparing risk

Summary of Heat Index and Associated Excess Emergency Department Visits (May-September; 2000-2009)

Location	2010 Population	Heat Index (Mean)	Heatwave Events (3 days ≥90F) per Year	Number of Days ≥ 95F per Year	Excess ED Visits at 95F per Year 1	
Lebanon	39,891	43-105 (75)	1.3	3.2	10	
Keene	63,146	33-105 (74)	1.1	2.7	12	
Laconia	68,195	35-103 (73)	1.0	2.5	22	
Concord	107,764	43-106 (75)	1.8	4.8	45	
Portsmouth	138,744	43-112 (74)	1.7	5.8	62	
Manchester	238,059	43-105 (76)	2.1	4.4	84	
Nashua	212,615	44-113 (77)	3.0	9.4	148	



Summertime Heat and Health – comparing risk

Summary of Heat Index and Associated Excess Emergency Department Visits (May-September; 2000-2009)

Location	2010 Population	Heat Index (Mean)	Heatwave Events (3 days ≥90F) per Year	Number of Days ≥ 95F per Year	Excess ED Visits at 95F per Year 1	Excess ED Visits at 75F per Year 1
Lebanon	39,891	43-105 (75)	1.3	3.2	10	82
Keene	63,146	33-105 (74)	1.1	2.7	12	124
Laconia	68,195	35-103 (73)	1.0	2.5	22	214
Concord	107,764	43-106 (75)	1.8	4.8	45	307
Portsmouth	138,744	43-112 (74)	1.7	5.8	62	320
Manchester	238,059	43-105 (76)	2.1	4.4	84	640
Nashua	212,615	44-113 (77)	3.0	9.4	148	660



Climate Change is a threat to all, yet some people more vulnerable to certain effects.



Rate of Heat Injury by Age

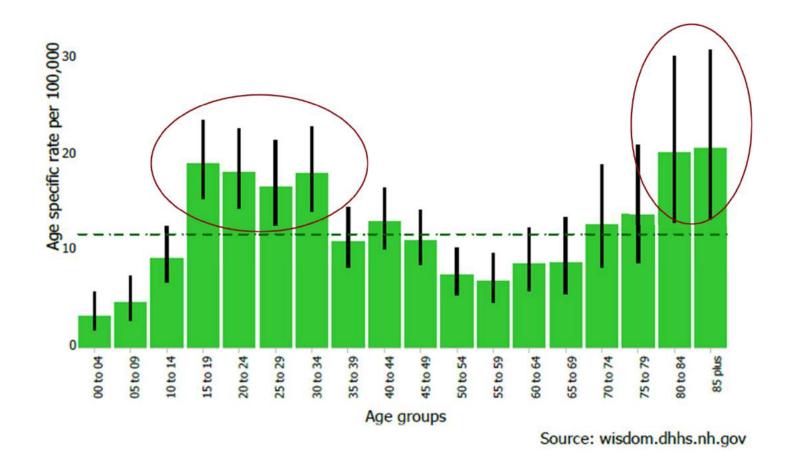
Heat related hospital visits (emergency dept.; natural causes)

Age specific rate; Both genders; All unintentional; 2005-2009; State of New Hampshire

Both genders

---- Both genders all ages rate

40



Social Vulnerability Measures Based on 2006 - 2010 ACS **Vulnerability Measures:** Manchester % Single Parent Households Nashua

SVI by Town in NH

Darker shade indicates greater vulnerability to the health impacts of disasters



% Below Poverty Level

% No High School Diploma

% Unemployed % Per Capita Income

% 65 or Older

% Minority

% Crowding % No Vehicle

% 17 or Younger % Disabled

% Don't Speak English

% Multi-Unit Housing % Mobile Homes

% In Group Quarters



SVI Map

Upper Valley
PHN Area

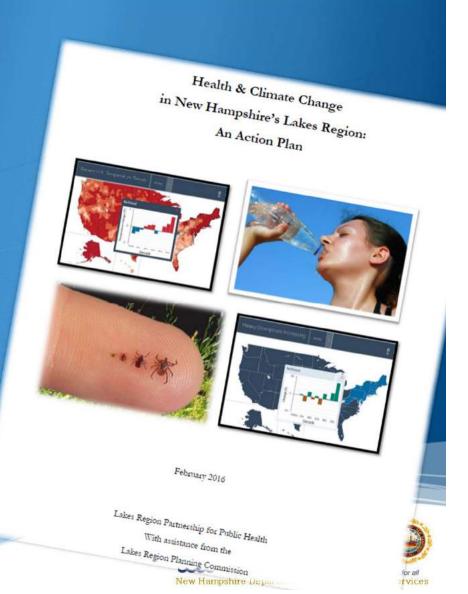


Actions to adapt to climate change can benefit our health now, and in the future.



Lakes Region C&H Project

- April 2015 funded to develop a climate adaptation plan
- Six month engagement to assess risks, health burdens, and priorities.
- Top concern was habitat change & Lyme Disease
- Now ready to assess interventions via youth recreation programs.



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