## Twenty One Things You Can Do

## to Decrease Your Input to and Get Ready for a Changing Climate

## To decrease contribution to climate change:

- 1. Use energy efficiently buy energy star products (light bulbs & appliances), turn off and unplug electronics when not in use
- 2. Weatherize your home and use drapes for the windows (keeps heat in winter, keeps sun/heat out in summer)
- 3. Purchase clean/renewable energy sources from your electricity provider, or install a renewable energy system
- 4. Drive a fuel efficient vehicle, carpool, and avoid unnecessary trips walk or bike if possible to stay healthy!
- 5. Waste less use cloth napkins, bags, and reusable food/beverage containers at work and school
- 6. Get a rain barrel to collect water from your roof to use for plants and outdoor clean up
- 7. Eat locally produced food to reduce transportation and support your local economy
- 8. Wash full loads in your clothes and dish washer
- 9. Recycle recycling 1 aluminum can saves enough energy to power a TV or computer for 3 hours!
- 10. Know Your Footprint calculate your carbon footprint on-line (many free on-line calculators) and strategize with your family on how to reduce your footprint
- 11. Use your Voice Tell your friends, family, network and elected officials that climate change matters to you and encourage action.

## To prepare for the impacts from climate change:

- 1. Pay attention to warnings for strong storms
- 2. Have a personal/family preparedness plan for emergencies or storm events (include your pets!)
- 3. Be prepared to be without electricity (keep jugs for water, non perishable food and batteries on hand)
- 4. Be aware of neighbors or family members who are dependent on electricity for health reasons (i.e. oxygen)
- 5. Check your home and driveway for adequate drainage to prevent washouts
- 6. Evaluate whether you need to purchase a generator for periods of no electricity
- 7. Do regular tick checks after being outside and be aware of early warning signs of Lyme Disease and other vector borne illnesses
- 8. Have large trees around your house removed to prevent them from hitting your house during storms
- 9. Participate in community conversations to support preparedness in your town
- 10. Vote for local initiatives including increased efficiency in municipal buildings, culvert maintenance, tree removal etc...